



WELLS CITY HARRIERS

Street 5K Series 2015/2016

Date Of Race 13 January 2016

Race Distance 5K

Race4 of 6

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
1	367	00:17:02	PETER GRIST	MALE SENIOR	WELLS CITY HARRIERS	74.5%	00:03:24	00:05:29
2	397	00:17:03	TOM DUKES	MALE SENIOR	WELLS CITY HARRIERS	77.7%	00:03:25	00:05:29
3	354	00:17:14	JOHN YELLS	MALE SENIOR	UNATTACHED	73.2%	00:03:27	00:05:33
4	303	00:17:15	GARY STANDINGER	MALE SENIOR	BRISTOL & WEST	73.2%	00:03:27	00:05:33
5	275	00:17:27	FELIX RUSBY	MALE SENIOR	WELLS CITY HARRIERS	74.8%	00:03:29	00:05:37
6	271	00:17:37	JONATHAN BIRKETT	MALE JUNIOR	DOWNSIDE SCHOOL	76.1%	00:03:31	00:05:40
7	334	00:17:54	OWEN ASTINGTON	MALE SENIOR	LANGPORT RUNNERS	70.5%	00:03:35	00:05:46
8	491	00:18:12	KEITH LITTLEWOOD	MALE 40+ VET	BARNSELY ATHLETICS CLUB	77.4%	00:03:38	00:05:51
9	396	00:18:16	DYLAN DUKES	MALE JUNIOR	WELLS CITY HARRIERS	74.5%	00:03:39	00:05:53
10	322	00:18:46	ANTHONY RIMMER	MALE 40+ VET	MAIDEN NEWTON RUNNERS	73.4%	00:03:45	00:06:02
11	277	00:18:48	JOHN STOREY	MALE SENIOR	UNATTACHED	69.4%	00:03:46	00:06:03
12	342	00:19:00	JUSTIN THOMAS	MALE 40+ VET	WELLS CITY HARRIERS	70.3%	00:03:48	00:06:07
13	279	00:19:01	ANDREW JAMES TINDAL	MALE 40+ VET	WELLS CITY HARRIERS	75.3%	00:03:48	00:06:07
14	324	00:19:15	DAVID BUTT	MALE 60+ VET	MAIDEN NEWTON RUNNERS	82.3%	00:03:51	00:06:12
15	361	00:19:33	JEREMY LINTER	MALE SENIOR	UNATTACHED	64.9%	00:03:55	00:06:18
16	309	00:19:38	DAVID PURCHASE	MALE 40+ VET	RUNNING FOR TIME	69.5%	00:03:56	00:06:19
17	418	00:19:39	HELEN SOUTHCOTT	FEMALE 35+ VET	MAIDEN NEWTON RUNNERS	74.6%	00:03:56	00:06:19
18	422	00:19:40	BETHAN EVERSON	FEMALE SENIOR	SHAPWICK RUNNERS	73.3%	00:03:56	00:06:20
19	301	00:19:47	ANDREW PIPER	MALE 40+ VET	WELLS CITY HARRIERS	72.4%	00:03:57	00:06:22
20	327	00:20:10	JACOB LONGMAN	MALE SENIOR	UNATTACHED	62.6%	00:04:02	00:06:29
21	493	00:20:22	FEZ PARKER	MALE 50+ VET	YEOVIL TOWN RRC	72.6%	00:04:04	00:06:33
22	389	00:20:29	GERRY KING	MALE 50+ VET	WESTON ATHLETICS CLUB	71.0%	00:04:06	00:06:36
23	481	00:20:30	CHRIS PERRING	MALE SENIOR	HYDRO HARRIERS	61.5%	00:04:06	00:06:36
24	347	00:20:32	MIKE RUSCA	MALE 50+ VET	WELLS CITY HARRIERS	71.4%	00:04:06	00:06:37
25	307	00:20:39	CHRIS WALKER	MALE 40+ VET	MENDIP ATHLETICS CLUB	65.1%	00:04:08	00:06:39
26	390	00:20:42	TOM MILLS	MALE SENIOR	SHAPWICK RC	63.0%	00:04:08	00:06:40
27	341	00:20:43	RICHARD MUNDAY	MALE 40+ VET	LANGPORT RUNNERS	65.4%	00:04:09	00:06:40
28	321	00:20:44	MIKE BOSLEY	MALE 40+ VET	WELLS CITY HARRIERS	65.8%	00:04:09	00:06:40
29	480	00:21:00	KARIN ZINGER	FEMALE 35+ VET	YEOVIL TOWN RRC	73.3%	00:04:12	00:06:46
30	314	00:21:01	HOLLY BIGGER	FEMALE JUNIOR	LANGPORT RUNNERS	74.0%	00:04:12	00:06:46
31	335	00:21:05	RACHEL HEARD	FEMALE SENIOR	UNATTACHED	68.4%	00:04:13	00:06:47
32	479	00:21:22	TIM WATTS	MALE 50+ VET	LANGPORT RUNNERS	69.7%	00:04:16	00:06:53
33	267	00:21:24	RICHARD BLACKMORE	MALE 50+ VET	YEOVIL TOWN RRC	71.4%	00:04:17	00:06:53
34	489	00:21:37	ROGER MARRAGE	MALE 40+ VET	WELLS CITY HARRIERS	66.2%	00:04:19	00:06:57
35	268	00:21:43	DAVID CARNELL	MALE 50+ VET	CREWKERNE	71.6%	00:04:21	00:06:59
36	495	00:21:48	DAVID GRIFFITHS	MALE 60+ VET	AVON VALLEY RUNNERS	75.2%	00:04:22	00:07:01
37	484	00:21:49	GRAHAM BENTLEY	MALE 40+ VET	QUANTOCK HARRIERS	65.6%	00:04:22	00:07:01
38	388	00:21:51	PAUL CHADWICK	MALE 50+ VET	WELLS CITY HARRIERS	70.6%	00:04:22	00:07:02
39	394	00:21:54	STEVE CAMPION	MALE 40+ VET	SHAPWICH RUNNERS	62.9%	00:04:23	00:07:03
40	482	00:22:07	JOHN WEEKS	MALE 50+ VET	MAIDEN NEWTON RUNNERS	65.8%	00:04:25	00:07:07
41	416	00:22:53	CHARLOTTE FOGWILL	FEMALE JUNIOR	LANGPORT RUNNERS	66.9%	00:04:35	00:07:22
42	499	00:22:56	EDRIC HOBBS	MALE 50+ VET	AVON VALLEY RUNNERS	63.4%	00:04:35	00:07:23
43	355	00:22:59	CONNIE LITTLE	FEMALE JUNIOR	UNATTACHED	66.6%	00:04:36	00:07:24
44	402	00:23:03	RACHEL HAYTON	FEMALE 45+ VET	YEOVIL TOWN RRC	69.8%	00:04:37	00:07:25
45	337	00:23:04	CHARLIE SPENCER	FEMALE 45+ VET	MAIDEN NEWTON RUNNERS	74.3%	00:04:37	00:07:25
46	310	00:23:09	ROBIN CALLENDER	MALE 60+ VET	MENDIP ATHLETICS CLUB	68.4%	00:04:38	00:07:27
47	304	00:23:10	MELISSA ASPINALL	FEMALE 35+ VET	WELLS CITY HARRIERS	64.7%	00:04:38	00:07:27
48	308	00:23:11	BARNABY HICKS	MALE SENIOR	YEOVIL TOWN RRC	55.3%	00:04:38	00:07:28
49	488	00:23:14	ELLIE MALLINSON	FEMALE SENIOR	DURHAM CITY HARRIERS	62.1%	00:04:39	00:07:29
50	281	00:23:15	JO HENLEY	FEMALE 35+ VET	YEOVIL TOWN RRC	65.0%	00:04:39	00:07:29
51	319	00:23:54	JOAN ALLEN	FEMALE 55+ VET	LANGPORT RUNNERS	75.7%	00:04:47	00:07:42
52	313	00:24:03	ELLIE ROMANS	FEMALE JUNIOR	LANGPORT RUNNERS	65.9%	00:04:49	00:07:44
53	328	00:24:06	STEVE WHITTY	MALE 40+ VET	UNATTACHED	55.8%	00:04:49	00:07:45
54	343	00:24:12	MIKE HIGGS	MALE SENIOR	UNATTACHED	53.6%	00:04:50	00:07:47
55	325	00:24:19	HARRIETT BURR	FEMALE SENIOR	UNATTACHED	59.3%	00:04:52	00:07:50
56	413	00:24:23	LINDSAY SAUNDERS	FEMALE 35+ VET	YEOVIL TOWN RRC	60.7%	00:04:53	00:07:51
57	415	00:24:24	STEPHEN WARREN	MALE 50+ VET	YEOVIL TOWN RRC	59.1%	00:04:53	00:07:51
58	353	00:24:32	ALICE KNIGHT	FEMALE 45+ VET	WELLS CITY HARRIERS	65.6%	00:04:54	00:07:54
59	326	00:24:38	STEVE SMALL	MALE 40+ VET	YEOVIL TOWN RRC	56.8%	00:04:56	00:07:56
60	381	00:24:55	NICK PRATT	MALE 40+ VET	UNATTACHED	57.0%	00:04:59	00:08:01
61	372	00:25:10	TREVOR STRELLEY	MALE 60+ VET	YEOVIL TOWN RRC	62.3%	00:05:02	00:08:06
62	369	00:25:15	BRIAN CLARK	MALE 70+ VET	LANGPORT RUNNERS	76.2%	00:05:03	00:08:08

Position	Race No	Time	Name	Category	Club	Age Related %	Pace Min/KM	Pace Min/Mile
63	283	00:25:28	ALEX HARRINGTON	MALE JUNIOR	LANGPORT RUNNERS	58.8%	00:05:06	00:08:12
64	276	00:25:54	HONOR TREMAYNE-JEFFERS	FEMALE JUNIOR	UNATTACHED	57.5%	00:05:11	00:08:20
65	478	00:25:59	GARETH THOMAS	MALE 70+ VET	YEOVIL TOWN RRC	69.1%	00:05:12	00:08:22
66	483	00:26:02	LESLEY NESBITT	FEMALE 65+ VET	YEOVIL TOWN RRC	79.4%	00:05:12	00:08:23
67	374	00:26:09	JODIE MITCHELL	FEMALE JUNIOR	WELLS CITY HARRIERS	57.7%	00:05:14	00:08:25
68	340	00:26:17	MELANIE MUNDAY	FEMALE 35+ VET	LANGPORT RUNNERS	56.7%	00:05:15	00:08:28
69	312	00:26:24	KAREN SHEARS	FEMALE 55+ VET	WELLS CITY HARRIERS	71.5%	00:05:17	00:08:30
70	315	00:26:29	AMANDA BIGGER	FEMALE 45+ VET	LANGPORT RUNNERS	60.8%	00:05:18	00:08:31
71	492	00:26:36	LOUISE WARD	FEMALE 45+ VET	YEOVIL TOWN RRC	62.8%	00:05:19	00:08:34
72	269	00:26:41	LINDA MEMBURY	FEMALE 45+ VET	YEOVIL TOWN RRC	60.3%	00:05:20	00:08:35
73	350	00:27:28	JOHN SUTTON	MALE 60+ VET	WELLS CITY HARRIERS	60.9%	00:05:30	00:08:50
74	358	00:27:48	GRAEME JOHN BROWN	MALE 60+ VET	YEOVIL TOWN RRC	57.4%	00:05:34	00:08:57
75	497	00:28:14	SALLY WALFORD	FEMALE 45+ VET	YEOVIL TOWN RRC	58.4%	00:05:39	00:09:05
76	498	00:28:14	PAUL WALFORD	MALE 50+ VET	YEOVIL TOWN RRC	51.9%	00:05:39	00:09:05
77	384	00:29:33	SHARON BOWLES	FEMALE 35+ VET	WELLS CITY HARRIERS	52.6%	00:05:55	00:09:31
78	382	00:30:15	ROXANE PRATT	FEMALE 45+ VET	LANGPORT RUNNERS	53.9%	00:06:03	00:09:44
79	494	00:30:29	JADE PARKER	FEMALE JUNIOR	UNATTACHED	48.9%	00:06:06	00:09:49
80	395	00:30:49	ADAM HAWKINS	MALE 60+ VET	YEOVIL TOWN RRC	52.7%	00:06:10	00:09:55
81	278	00:31:48	DEBBIE KEEBLE	FEMALE 45+ VET	YEOVIL TOWN RRC	53.2%	00:06:22	00:10:14
82	284	00:31:51	KATIE BROOKS	FEMALE 35+ VET	YEOVIL TOWN RRC	46.8%	00:06:22	00:10:15
83	477	00:31:55	DOROTHY THOMAS	FEMALE 65+ VET	YEOVIL TOWN RRC	75.5%	00:06:23	00:10:16
84	486	00:32:47	BIANCA PRIDHAM	FEMALE SENIOR	WELLS CITY HARRIERS	44.2%	00:06:33	00:10:33
85	496	00:32:51	ELLIE HARRINGTON	FEMALE JUNIOR	YEOVIL TOWN RRC	44.8%	00:06:34	00:10:34
86	487	00:34:03	KATE GASCOTT	FEMALE SENIOR	WELLS CITY HARRIERS	42.7%	00:06:49	00:10:58
87	490	00:34:09	HILARY ASKEW	FEMALE 55+ VET	CREWKERNE	52.3%	00:06:50	00:11:00
88	485	00:36:19	GEORGIA BENTLEY	FEMALE SENIOR	QUANTOCK HARRIERS	39.7%	00:07:16	00:11:41